**On-Campus:**

*Office of Title IX Compliance*

123 I.G. Greer Hall

titleix.appstate.edu

titleix@appstate.edu

**Lactation Lounges**

- 219E Plemmons Student Union
- 467 Leon Levine Hall of Health Sciences

**Blue Cross NC Institute for Health & Human Services**

828.262.7677 || ihhs@appstate.edu

**ParentToParent**

828.262.6089 || parent2parent@appstate.edu

**Student and Employee Assistance**

Information can be found on at titleix.appstate.edu

**Off-Campus:**

*Children’s Council of Watauga County*

828.262.5424. || thechildrenscouncil.org

*AppHealthCare*

828.262.4995 || www.apphealthcare.com

*Watauga County Social Services*

828.265.8100 || www.wataugacounty.org

*Western Youth Network*

828.264.5174. || info@westernyouthnetwork.org

---

For additional information and resources please visit:

www.titleix.appstate.edu
ADJUSTMENTS & ASSISTANCE

Appalachian may provide reasonable adjustments to eligible individuals who are pregnant, parenting or experiencing termination of their pregnancy whether voluntary or involuntary.

Please be advised Appalachian may request information from you including, but not limited to, documentation from a medical professional, to assist in providing the same adjustments, accommodations, and/or support services available to others with temporary medical needs.

To see if you are eligible for any adjustments contact the Office of Title IX Compliance or fill out the "Request for Assistance" form at titleix.appstate.edu

HARASSMENT & DISCRIMINATION

Title IX of the Education Amendments of 1972 prohibits discrimination based on sex in educational programs. This includes discrimination and harassment of students because of pregnancy or related conditions.

Discrimination may include, but is not limited to, preventing a pregnant or parenting individual opportunity or access to educational or occupational programs or endeavors.

Harassment can take many forms, including verbal acts and name-calling, graphic and written statements, and other conduct that may be humiliating, physically threatening, or harmful.

DOCUMENTATION

Please be advised Appalachian may request information from you including, but not limited to, documentation from a medical professional, to assist in providing the same adjustments, accommodations, and/or support services available to others with similar medical needs.

Per institutional policy, documentation from health care providers are asked to be submitted in one of the three following ways:

- Fax to OTC Office at 828.626.6646
- Hard copy sent via US Mail to the Office of Title IX Compliance, 123 IG Greer Hall, ASU Box 32053, Boone, NC 28606-2053
- In-person delivery to the Office of Title IX Compliance